



Dear ABC:

Welcome back!

It would be a pleasure for us to be able to help you with your query. We have tried to address your query at priority along with BONUSes to help you.

## **SECTION –I( Introduction Of Longevity and Birth Details)**

**How Could we define Longevity?**

- We all want to live long, human nature is like that. People may want to live to eternity. Infact it is said through reliable sources , that still there are many Hindu sages and saints have been living in Himalayas for thousands of years. Doing their Yogas and tapasyas.

### ***The question is how can one achieve such a long life?***

- The answer is simple, they have trained their bodies to be fit by doing extensive Hatha and other Yogas and also burnt all their past karma for them by meditation to be born again on this earth.

### **What was the average age in Ancient Times of Satya Yuga/Dwapar or Treta Yuga?**

- In ancient times many people lived easily to 300 years . Infact if you look at astrology dasas we have vimshottari dasha that is for 120 or hundred twenty years and ashtotarri dasa that is for 108 years.
- So earlier people were expected to live atleast to 108 to 120 years easily. As the sanskrit saying goes- **"jeevat sharad shatam"**. That is live for 100 years.
- Most important factor in the ancient times was that most of the people were ethical and used to love in harmony with laws of nature. So naturally enhancing their chances to live longer. Plus they used to ward off negative effects of

sudden accidents or illness by Prayers/Yagyas or by meditation. This helped them to live long.

Modern man also has a limited access to these tools and could use them to improve health and longevity.

### **What is the Role Various Planets and Houses in Longevity?**

- The most important house and planet for longevity is the eighth house and the lord of eighth house and also the influences coming to the eighth house.
- The next but not less important is the strength of lagna, because if lagna or the body is weak, a slight accident could cause problems or life related issues.
- The planets sun and moon deal with vitality that is the prana or the vital force, when this is strong- one gets less affected by serious diseases or accidents for that matter.
- The next comes in important is the Saturn or shani dev, it is an old planet ruling old people and longevity. Strength of the same determines the longevity .
- On the negative side, the lord of seventh(mars), the lord of sixth and lord of twelfth can also cause health issues and

hospitalization along with the lord of the eighth house.

- This along with rahu/ketu and mars are naturally malefic and carry a lot of malefic energy, which should not impact the longevity lord of ascendant strongly to ensure good health and longevity.

We will evaluate each of the above factors step by step to evaluate the longevity.

**Your Birth details:**

ServiceName

**dec 25 1975**

**15:20**

**delhi**

longevity BASIC report

<br>

email id

abc@yahoo.com

Month of birth

12

dob

25

year of birth

1975

time of birth

5.33333333333333

first name

abc

middle name

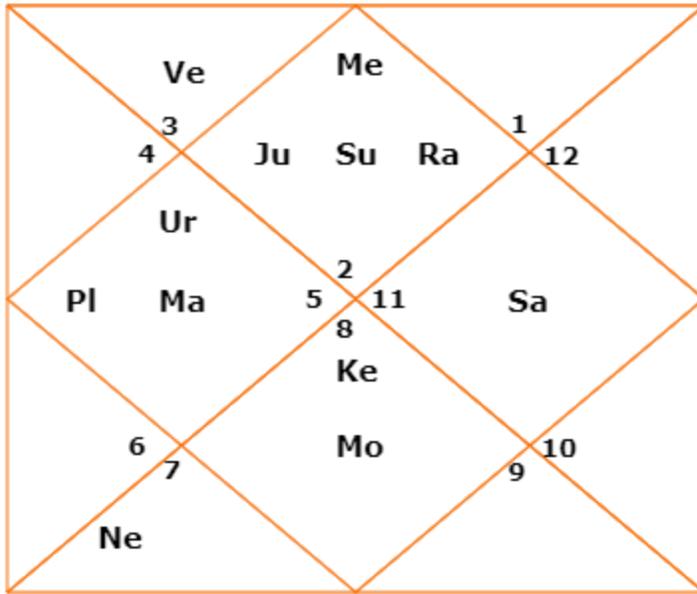
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last name

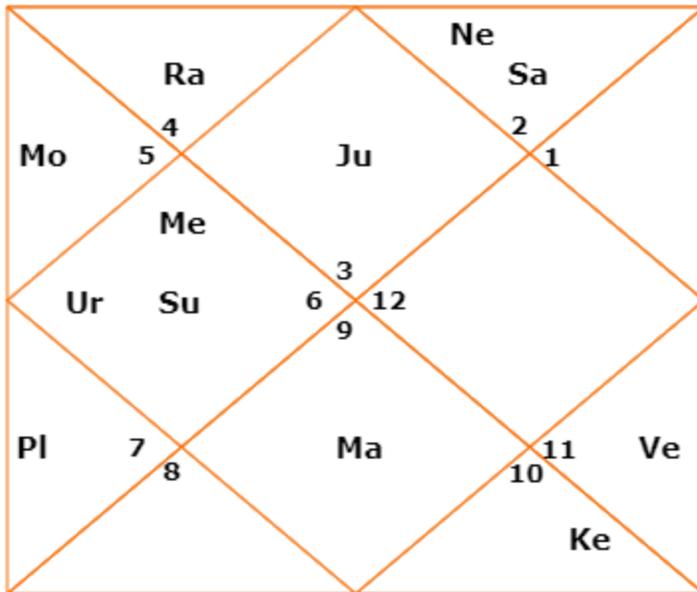
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**Your Horoscope Details:**

Lagna Chart



Navamsa Chart



## **SECTION –II Criterion to Judge Longevity**

### **What is the Role of eighth house & Saturn(shani) for your longevity?**

Your eighth House deals with nature of death, longevity and legacies. This house deals with disgrace or degradation so one needs to study this house carefully to verify the longevity.

The factors that impact the longevity are

- The eighth house itself
- The lord of the eighth house
- The occupants of the eighth house
- The d9 or navamsa chart 8<sup>th</sup> house as per above factors.
- The karaka or signficator of longevity

### **Various kinds of longevity categorized.**

- **Balarishta** (till 8years)
- **Alpayu** or short life ( 32 to 45 years)
- **Madhyayu** or medium life( 32 to 75 years age)
- **Purnayu** or full life ( 75 to 120 years of age)

### **Your Nature and Destiny predictions as a special BONUS for you:**

- You could be brilliant and attractive with magnetic eyes.
- You are warm and friendly and can make friends anywhere due to Jupiter and mercury combinations

- You could be a charismatic leader and wealthy. You have the potential to go to the top and have multiple talents in you due to Jupiter energy.
- You could have political power and be popular
- Mercury makes you virile, romantic and artistic
- You could be a sex symbol with sensual nature- just a indication to be taken in constructive sense- as Jupiter and mercury both give along with venus a good personality to you.
- You could be indulgent and sexual addiction could be there. Just an indication and may not be true- so kindly ignore.

Also

- Guru or Jupiter could make you wise, truthful and kind hearted
- You are also hardworking, charismatic and brave
- You could be wealthy and be able to handle difficult situations
- You could have some problems with maternal side or of relationships
- You would march forward- come what may. You have that ability
- Your eyes need care and avoid loading the body with excess hard work at times Jupiter would make you do.

**Your 8<sup>th</sup> House:**

**Your 8<sup>th</sup> House Lord placement:**

When the 8<sup>th</sup> bhava lord is in the 4<sup>th</sup> bhava, then one needs to drive carefully. Also mental peace has to be taken care of and one has to avoid domestic bickering. Financial matters need some concern when the periods of 8<sup>th</sup> lord running.

Your lagan is Venus is in the 2<sup>nd</sup> bhava on a weak disposer . The shadabala bala for the lagna is =42.74 which is fair enough for any chart though sthana bala is a bit weak as disposer mercury is old and combust. But still at 184 sthana bala.

There are two malefic in the 1<sup>st</sup> bhava that is sun and rahu and at the same time Jupiter a benefic that is combust in the 1<sup>st</sup> house.

The 8<sup>th</sup> bhava lord is Jupiter is combust and is in the 1<sup>st</sup> bhava. So you need to take care of driving and operations especially to do with liver or spleen etc.

Moon is weak and is afflicted by the rahu-ketu axis.

### **How much would You live based on your d1 chart(Based on Vedic astrology classical texts)?**

- Most of it discussed above
- The 8<sup>th</sup> lord Jupiter is combust and weak in the first bhava but strong in total shadabala =59.87and also sthana bala = 201.91
- So Jupiter cannot be said to be weak as such, but still it is combust

- Moon is afflicted in lagna chart.
- From moon 8<sup>th</sup> lord is mercury is old and combust in the 7<sup>th</sup> bhava.
- The malefic are in kendras like ketu in 7<sup>th</sup>/mars in 4<sup>th</sup> bhava and rahu and sun in the first bhava.
- **So your lagna chart(D1) says you will atleast have 60-65 years of life or longevity- the Madhayu category. The more effects we will look at the dasha periods.**
- **You need to be careful while driving and also in operations of liver nd spleen tec. Just a word of caution , not to worry much**  
😊

### **How much would You live based on your d9 or navamsa chart(Based on Vedic astrology classical texts)?**

- The lord of 1<sup>st</sup> bhava mercury is in the 4<sup>th</sup> bhava, Kendra but with sun a malefic
- Mars and sun malefic are on kendras- but so is Jupiter a benefic in the 1<sup>st</sup> bhava of yours and is a good augury
- Mars the lord of 6<sup>th</sup> bhava and a natural malefic aspects the first bhava
- Moon is fair in the 3<sup>rd</sup> bhava but heeded between rahu and sun the malefic
- The 8<sup>th</sup> bhava lord Saturn is weak in the 12<sup>th</sup> bhava along with ketu in there 12h bhava
- Mars/rahu and moon take some markesh energy

- **So your lagna chart(D9) or navamsa chart says you will atleast have 60-65 years of life or longevity- the Madhayu category. The more effects we will look at the dasha periods.**
- **You have ot be careful in driving or taking a call on operations(health).**

### **PINDAYU Method (Objective Calculation of Longevity)**

	<b>degree in chart</b>	<b>Degree exaltation</b>
sun		10
moon		33
mars		298
mercury		165
Jupiter		95
venus		357
Saturn		200

sun 57.5  
 moon 213.5  
 mars 148.41  
 mercury 57.4  
 Jupiter 48.13  
 venus 73.3  
 Saturn 323.36

### **The arc of longevity-Pindayu method**

<b>Planet of Longevity</b>	<b>Sign</b>	<b>Degree Max</b>	<b>Longitude Term Granted</b>	<b>House Max</b>	<b>Arc</b>
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- **Ascendant Taurus 18° 37'**
- **Sun Taurus** 27° 27' 57° 27' 1 312° 33'  
16 years 5 months 28 days 19
- **Moon Scorpio** 3° 52' 213° 52' 7  
180° 52' 12 years 6 months 22 days  
25
- **Mercury Taurus** 27° 42' 57° 42' 1  
252° 42' 8 years 5 months 2 days 12
- **Venus Taurus** 8° 32' 38° 32' 2 318°  
28' 18 years 6 months 28 days 21
- **Mars Taurus** 2° 51' 32° 51' 4 265° 9'  
11 years 0 months 17 days 15
- **Jupiter Taurus** 18° 13' 48° 13' 1 313°  
13' 13 years 0 months 18 days 15
- **Saturn Aquarius** 23° 37' 323° 37' 10  
236° 23' 13 years 1 months 18 days  
20

**TOTAL YEARS of Lifespan or longevity BY THE PLANETS 93 Years 3 Months 13 Days**

### **Longevity calculations- Pindayu method:**

Total 93 years 3 months

### **The chakrapthi harana or Reductions- Pindayu method**

The planets that are in the western part of the horoscope that is from 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> bhava of your horoscope reduce their contributions in the following table form. Depending on.

- a) Which house they or the planets are in.
- b) Are they benefics or malefic, the malefic are Saturn/mars/sun and badly afflicted mercury

Planet	12	11	10	9	8	7
Malefic	1	0.5	0.33	0.25	0.2	0.167
Benefic	.5	.25	.167	.125	.1	.083

### chakrapthi harana Calculations for you:

- 12th
- 11th
- 10<sup>th</sup> = -0.33 years
- 9<sup>th</sup>
- 8<sup>th</sup>
- 7<sup>th</sup> = -0.083

**0.413 years are reduced**

### The shatrukshetra harana or Reductions- Pindayu method

If a planet is in the enemy sign then 1/3 of what you get in the chakrapthi harana should be applied. But retrograde or vakri are not considered. Also mars is not subjected to this.

- 12th
- 11th
- 10<sup>th</sup> = 0(friendly sign)
- 9<sup>th</sup>
- 8<sup>th</sup>
- 7<sup>th</sup> = 0

### The Ashtanga harana or Reductions- Pindayu method

This harana or reduction has to do with combustion. Also only 1/2 the term left from the chakrapathi and shatrushetra harana are applied.

Venus and Saturn are free from this combustion related reduction.

The combustion points are:

- Moon 12 degrees around sun
- Mars 17 degrees around sun
- Mercury 14 degrees around sun
- Jupiter 11 degrees around sun
- Venus 10 degrees around sun
- Saturn 5 degrees around sun
- Mercury and Venus if retrograde are combust only if at 12 degrees or 8 degrees
- It must be noted that Venus and Saturn are excluded from ashtanga harana.

Jupiter and mercury are combust, but it does not reduce matters as in the 1<sup>st</sup> bhava

### **Reduction Table reference**

<b>Planet=</b>	12	11	10	9	8	7
<b>House</b>						
<b>Malefic</b>	1	1/2	1/3	1/4	1/5	1/6
<b>benefic</b>	1/2	1/4	1/6	1/8	1/10	1/12

### **Term of Life after Reductions**

Term of Life after Reductions

**Planet Sphutavarsha Chakrapatha**

**Satrukshetra Astangata Term Granted**

- **Sun** 16 years 5 months 28 days  
16 years 5 months 28 days

- **Moon** 12 years 6 months 22 days 1/12  
11 years 6 months 7 days
- **Mercury** 8 years 5 months 2 days  
1/2 4 years 2 months 16 days
- **Venus** 18 years 6 months 28 days  
18 years 6 months 28 days
- **Mars** 11 years 0 months 17 days  
11 years 0 months 17 days
- **Jupiter** 13 years 0 months 18 days  
1/2 6 years 6 months 12 days
- **Saturn** 13 years 1 months 18 days 1/3  
8 years 9 months 21 days

**Total Life span Granted After Reductions 77  
years 2 months 9 days=77.190**

### **The krurodaya harana or Reductions- Pindayu method**

- If malefic more than one occupy lagan the reductions due to the same has to be done.
- The multiplications of number of amass lagna has passed X total planetary terms % 108, the quotient is deducted from the longevity already obtained
- If malefic lagna aspect by a benefic, the quotient found is divided by 2
- If two or more planets near lagna, the one with nearest degree is taken

**Krurodaya Harana = Sum of Graha Aayu of all the Grahas arrived at previous steps \* Lagna Longitude in the Rasi / 360°**

**The impact of a mass covered by lagna also taken into account, 1 amsa = 1 year (1 amsa = 3 degree 20 minutes)**

- Your lagna is at 18 degree 37 minutes
- So 5.5 times amsa has passed
- $77.190 \times 18.5 / 360 = 3.966$  years
- **= 73.224 year**

**Now given the fact your previous longevity based on your entire horoscope d1 and d9 chart was calculated at 60-65 years, so average lifespan coming the both would be 66.6 years to 69.112 or 70 years of age.**

- **SECTION -III Predictions of Longevity and Kind of Liberation from Earth Plane**

**The Nature of Death?  
Peaceful/sudden/accidents/diseases or what?(Based on Vedic astrology classical texts)?**

- All of us want a peaceful departure from this world. The eighth house and seventh house have the secrets hidden from the nature of one's death.
- Planets and afflictions of the seventh house or markesh represent the nature of death .
- Your sun is at 57.25 degrees. adding 133.20 degrees to the same to find the gulik= 190.45

- This is mandi is Libra 10:45 degrees
- The 7<sup>th</sup> sign from the same Aries or mars in the d9 chart. So blood pressure, bones and heart(pita problems need care)

**So as we said operations or driving needs proper care. Also blood pressure and bones/muscles need care,pitta related problems.**

**What is the Role of twelfth house, Sixth house and seventh & Mars & rahu for your longevity in Dashas and transits?**

**The Determinants of death:**

- **PRIMARY DETERMINANTS of Longevity:**  
The 3<sup>rd</sup> and 8<sup>th</sup> houses are house of life, so 12<sup>th</sup> from this that is 2<sup>nd</sup> and 7<sup>th</sup> house are houses of death
- Also the occupants especially malefic could cause death or planets associated with the same.
- **SECONDARY DETERMINANTS of Longevity:**
- Benefic in association with 2/7 lords, have less power
- Lords of 3/8 house, and especially connecting with the 2/7 lord
- **TERTIARY DETERMINANTS of Longevity:**
- Saturn in conjunction n with any of the primary or secondary determinants
- The lords of 6<sup>th</sup> and 8<sup>th</sup> house
- Planets associated with 8<sup>th</sup> house if strong

- So for your case the **Your primary determinants** are Mercury and mars, plus venus and ketu/moon.
- BONUS: pacification involves daily chanting of hanuman chalisa and also taking proper care.
- The other determinants are moon & mars as moon sits in the 2/7 house.
- BONUS :It is weak and needs pacification, OM Namoha shivaye daily would help.

**Your concern for constant health issues: Also strengthening your health house lord would make you free for diseases, along with YOGA and following doctor's advice.**

- BONUS: Respecting teachers and also chanting OM Namoha shivaye 108 x as many times daily is going to help you immensely.

**Your secondary determinants are:**

- Jupiter and moon are your secondary determinants.

**Your tertiary determinant is Saturn.**

- Venus and Jupiter and also Saturn to some extent.

## **What is the Role of incoming 2 Dashas ,for you longevity?**

### **You have Venus main period till September 2027**

Venus rules your 1 and 6<sup>th</sup> bhava and is in 2<sup>nd</sup> bhava, so you have to take care of health matters. Female problems especially . Operations especially to do have to be well planned and proper planetary periods.

### **For your benefit and as a BONUS this dasa I am giving full sub periods in full details.**

RAH till 4/11/17- needs some care

JUP till 4/ 7/20- needs some extra care

SAT till 4/ 9/23- just fairs

MER till 4/ 7/26 – needs good amount of care

KET till 4/ 9/27- need care for operations and driving

### **Then You have Sun main period till sun period September 2033**

Sun is a malefic and rules your 4<sup>th</sup> bhava and is in the first house .You sun gets mixed energies- strong as in Kendra Plus weak as in enemy sign.

If your home is well lit and your mother was a courageous lady that means sun is strong and you don't need to worry much about anything. But if you faced lot of changes in job, then you should do the upaya for sun like chanting om Namoha shivaye daily 108 x as many times you can. BONUS das wise delineation for you.  
SUN till 22/12/27- heart needs care and driving need care.  
MON till 22/ 6/28- need some care  
MAR till 28/10/28- needs god care  
RAH till 22/ 9/29  
JUP till 10/ 7/30= need some care  
SAT till 22/ 6/31  
MER till 28/ 4/32  
KET till 4/ 9/32- good care needed  
VEN till 4/ 9/33- female problems need care

### **What are the remedial measures to avoid accidents, reduce or nullify diseases for longevity?**

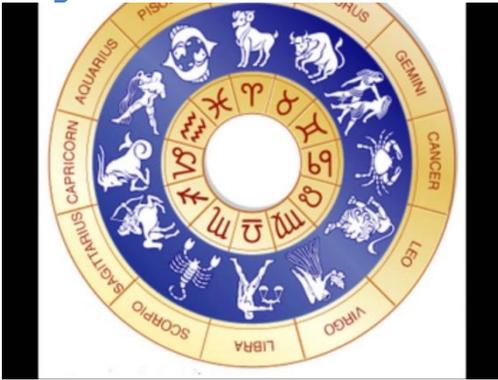
- Already most of them discussed in the report above.
- Being considerate to ones wife and helping women in distress
- Donate sugar/rice and cooking oil
- Offering white sweets to birds
- Offering silken clothes of bright colors

Also

- Sri sukta

- Durga sapta shati
- Sri yantra
- Lakshmi sukta

**We wish you all the best in Life,  
Arjun Pundit for astrozing.com**



**For any Clarification Regarding This Report–  
Kindly Feel Free To Send Us a Mail at E-Mail Id  
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