



Dear ABC ji:

Welcome back!

It would be a pleasure for us to be able to help you with your query. We have tried to address your query at priority along with BONUSes to help you.

## **SECTION –I( Introduction Of Longevity and Birth Details)**

**How Could we define Longevity?**

- We all want to live long, human nature is like that. People may want to live to eternity. Infact it is said through reliable sources , that still there are many Hindu sages and saints have been living in Himalayas for thousands of years. Doing their Yogas and tapasyas.

### ***The question is how can one achieve such a long life?***

- The answer is simple, they have trained their bodies to be fit by doing extensive Hatha and other Yogas and also burnt all their past karma for them by meditation to be born again on this earth.

### **What was the average age in Ancient Times of Satya Yuga/Dwapar or Treta Yuga?**

- In ancient times many people lived easily to 300 years . Infact if you look at astrology dasas we have vimshottari dasha that is for 120 or hundred twenty years and ashtotarri dasa that is for 108 years.
- So earlier people were expected to live atleast to 108 to 120 years easily. As the sanskrit saying goes- **“jeevat sharad shatam”**. That is live for 100 years.
- Most important factor in the ancient times was that most of the people were ethical and used to love in harmony with laws of nature. So naturally enhancing their chances to live longer. Plus they used to ward off negative effects of

sudden accidents or illness by Prayers/Yagyas or by meditation. This helped them to live long.

Modern man also has a limited access to these tools and could use them to improve health and longevity.

### **What is the Role Various Planets and Houses in Longevity?**

- The most important house and planet for longevity is the eighth house and the lord of eighth house and also the influences coming to the eighth house.
- The next but not less important is the strength of lagna, because if lagan or the body is weak, a slight accident could cause problems or life related issues.
- The planets sun and moon deal with vitality that is the prana or the vital force, when this is strong- one gets less affected by serious diseases or accidents for that matter.
- The next comes in important is the Saturn or shani dev, it is an old planet ruling old people and longevity. Strength of the same determines the longevity .
- On the negative side, the lord of seventh(markesh), the lord of sixth and lord of twelfth can also cause health issues and

hospitalization along with the lord of the eighth house.

- This along with rahu/ketu and mars are naturally malefic and carry a lot of malefic energy, which should not impact the longevity lord of ascendant strongly to ensure good health and longevity.

We will evaluate each of the above factors step by step to evaluate the longevity.

**Your Birth details:**

email id

abc@ymail.com

Month of birth

10

dob

26

year of birth

1999

time of birth

9

first name

abc

middle name

last name

xyz

minutes of birth

0

hour of birth

10

place of birth

Karnataka, Bangalore

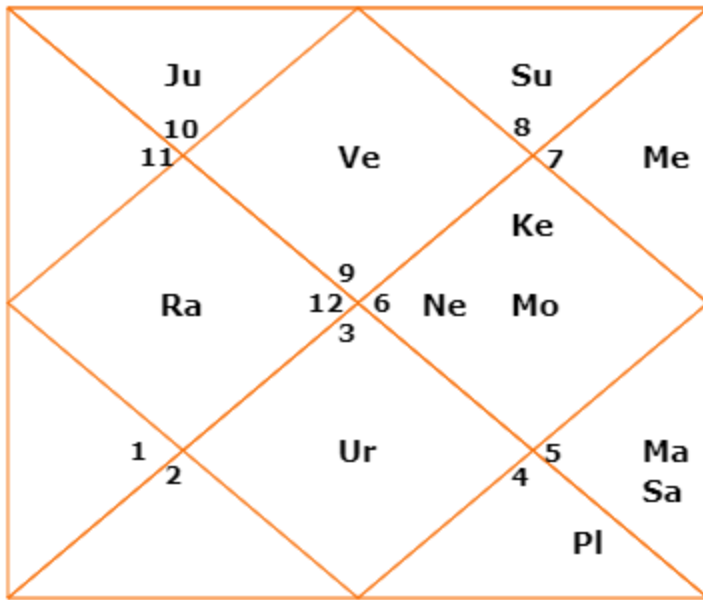
country

India

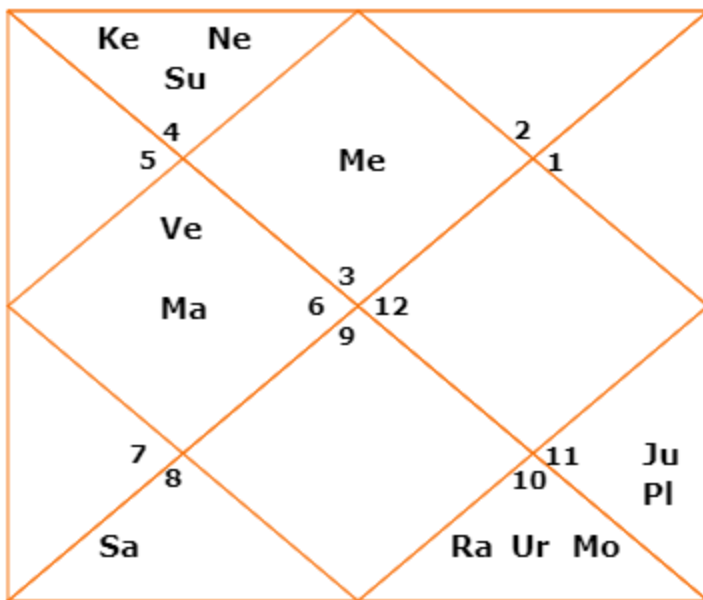
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**Your Horoscope Details:**

Lagna Chart



Navamsa Chart



**SECTION -II Criterion to Judge Longevity**

## **What is the Role of eighth house & Saturn(shani) for your longevity?**

Your eighth House deals with nature of death, longevity and legacies. This house deals with disgrace or degradation so one needs to study this house carefully to verify the longevity.

The factors that impact the longevity are

- The eighth house itself
- The lord of the eighth house
- The occupants of the eighth house
- The d9 or navamsa chart 8<sup>th</sup> house as per above factors.
- The karaka or signficator of longevity

## **Various kinds of longevity categorized.**

- **Balarishta** (till 8years)
- **Alpayu** or short life ( 32 to 45 years)
- **Madhyayu** or medium life( 32 to 75 years age)
- **Purnayu** or full life ( 75 to 120 years of age)

## **Your 8<sup>th</sup> House:**

### **Your 8<sup>th</sup> House Lord and first house lord placement:**

The 8<sup>th</sup> lord is moon and is a bit weak n the 10<sup>th</sup> bhava Kendra. So that is a good saving grace.

The total digbala is a bit less at 5.98

The sthana bala is good at 252.64

As the 8<sup>th</sup> bhava lord is in the 10<sup>th</sup> bhava, you will have slow progress in career. There could be obstacles and problems in career matters.

The lagna is Jupiter and is debilitated in 2<sup>nd</sup> bhava. The total digbala of Jupiter or guru is high 51.3 helping in longevity related matters

### **How much would You live based on your d1 chart (Based on Vedic astrology classical texts)?**

- Some of the benefics like Venus and moon are in Kendra's.
- Malefic mars and Saturn in the 9<sup>th</sup> bhava.
- Jupiter the lord of horoscope is debilitated but very good in overall bala.
- Moon the lord of 8<sup>th</sup> bhava, is weak in overall bala but good in sthana bala 252.64.
- Moon
- **So your lagna chart(D1) says you will at least have 70-75 years of life or longevity- the Madhayu category. The more effects we will look at the dasha periods**

### **How much would You live based on your d9 or navamsa chart(Based on Vedic astrology classical texts)?**

- In d9 mercury rules and sits in Kendra the 1<sup>st</sup> house



- 'Venus a benefic is in the Kendra I 4<sup>th</sup> bhava but with mars a malefic
- The malefic Saturn and rahu are in 6/8
- Jupiter is in the 9<sup>th</sup> bhava
- The d9 chart is much better than the d1 chart
- The lord of the 8<sup>th</sup> bhava is in the 6<sup>th</sup> bhava, so not a bad combination
- **So your lagna chart(D9) or navamsa chart says you will atleast have 75-80 years of life or longevity- the Madhayu category. The more effects we will look at the dasha periods**

### **PINDAYU Method (Objective Calculation of Longevity)**

	<b>degree in chart</b>	<b>Degree exaltation</b>
sun	210.18	10
moon	152.34	33
mars	137.54	298
mercury	206.56	165
Jupiter	274.17	95
venus	257.24	357
Saturn	144.33	200

### **The arc of longevity-Pindayu method**

sun	200.18
moon	240.66
mars	199.54
mercury	318.5
Jupiter	180.83
venus	260.24
Saturn	303.33

### **Longevity calculations- Pindayu method:**

sun (19)	200.18	== 10.5 years
moon(25)	240.66	== 16.7 year
mars(15)	199.54	== 8.31 years
mercury(12)	318.5	== 10.61 years
Jupiter(15)	180.83	== 7.53 years
venus(21)	260.24	== 15.1 years
Saturn(20)	303.33	== 16.85 years

Total 85.6 years

### **The chakrapthi harana or deductions- Pindayu method**

The planets that are in the western part of the horoscope that is from 7<sup>th</sup>,8<sup>th</sup>,9<sup>th</sup>,10<sup>th</sup>,11<sup>th</sup> and 12<sup>th</sup> bhava of your horoscope reduce their contributions in the following table form. Depending on.

- Which house they or the planets are in.
- Are they benefics or malefic, the malefic are Saturn/mars/sun and badly afflicted mercury

<b>Planet</b>	<b>12</b>	<b>11</b>	<b>10</b>	<b>9</b>	<b>8</b>	<b>7</b>
<b>Malefic</b>	1	0.5	0.33	0.25	0.2	0.167
<b>Benefic</b>	.5	.25	.167	.125	.1	.083

### **chakrapthi harana Calculations for you:**

- Mars/Saturn in 9<sup>th</sup> bhava =  $0.25 \times 2 = 0.5$  years
- Moon in 10<sup>th</sup> = 0.167
- Mercury 11<sup>th</sup> bhava = 0.25
- Sun in 12<sup>th</sup> = 1 years

## 1.917 years are reduces

### The shatrukshetra harana or deductions- Pindayu method

If a planet is in the enemy sign then 1/3 of what you get in the chakrapathi harana should be applied. But retrograde or vakri are not considered. Also mars is not subjected to this.

- Saturn in 9<sup>th</sup> bhava =  $1/3 \times 0.25$
- Moon in 10<sup>th</sup> =  $1/3 \times 0.167$
- $0.0833 + 0.0556 = \mathbf{0.1389 \text{ yrs}}$

### The Ashtanga harana or deductions- Pindayu method

This harana or reduction has to do with combustion. Also only 1/2 the term left from the chakrapathi and shatrushetra harana are applied.

The combustion points are:

- Moon 12 degrees around sun
- Mars 17 degrees around sun
- Mercury 14 degrees around sun
- Jupiter 11 degrees around sun
- Venus 10 degrees around sun
- Saturn 5 degrees around sun
- Mercury and Venus if retrograde are combust only if at 12 degrees or 8 degrees
- It must e noted that Venus and Saturn are exploded from ashtanga harana.

Mercury is impacted so it is  $0.25/2 = \mathbf{0.125 \text{ years deduction}}$

## **The krurodaya harana or deductions- Pindayu method**

- If malefic more than one occupy lagna the reductions due to the same ahs to be done.
- The multiplications of number of amass lagna has passed X total planetary terms % 108, the quotient is deducted from the longevity already obtained
- If malefic lagna aspect by a benefic, the quotient found is divided by 2
- If two or more planets near lagna, the one with nearest degree is taken

No malefic n lagna so this reduction is not there.

## **The impact of amass covered by lagna also taken into account, 1 amsa = 1 year(1 amsa = 3 degree 20 minutes)**

- Your lagna is at 7 degree 22 minutes
- so till 6 degree 40 minutes , you have 2 years covered
- so balance 42 minutes =  $42/200$ (total amsa minutes) = 0.21 years.
- **So 2.21 years adds to your life more.**

**So subtract around 2 years of harana from above.**

It is a +0.21 years.  
So over all is 85.21 years

Your lagna is Jupiter so no deductions from 85.y years is done.

- **SECTION -III Predictions of Longevity and Kind of Liberation from Earth Plane**

### **The Nature of Death?**

### **Peaceful/sudden/accidents/diseases or what?(Based on Vedic astrology classical texts)?**

- All of us want a peaceful departure from this world. The eighth house and seventh house have the secrets hidden from the nature of one's death.
- Planets and afflictions of the seventh house or markesh represent the nature of death .
- Your sun is at 0.18 degrees Scorpio, that means  $7 \times 30 + 0.18 = 210.33$  degrees
- Now add 133.20 to same, 343.53
- That is your mandali or Gulik is at 343.53 degrees, that is it is in Pisces sign.
- The 7<sup>th</sup> sign is Virgo in d9 with a benefic mercury therefore peaceful death, but as mars and Venus occupy the 4<sup>th</sup> house, so you have to drive carefully /operations need care but Venus and mercury suggest a homely environment and peace generally/

### **What is the Role of twelfth house, Sixth house and seventh & Mars & rahu for your longevity in Dashas and transits?**

## **The Determinants of death:**

- **PRIMARY DETERMINANTS of Longevity:**  
The 3<sup>rd</sup> and 8<sup>th</sup> houses are house of life, so 12<sup>th</sup> from this that is 2<sup>nd</sup> and 7<sup>th</sup> house are houses of death
- Also the occupants especially malefic could cause death or planets associated with the same.
- **SECONDARY DETERMINANTS of Longevity:**
- Benefic in association with 2/7 lords, have less power
- Lords of 3/8 house, and especially connecting with the 2/7 lord
- **TERTIARY DETERMINANTS of Longevity:**
- Saturn in conjunction n with any of the primary or secondary determinants
- The lords of 6<sup>th</sup> and 8<sup>th</sup> house
- Planets associated with 8<sup>th</sup> house if strong

## **Your primary determinants**

- So for your case the **Your primary determinants** are Jupiter and moon and also ketu and sun to some extent
- BONUS: pacification involves daily chanting of hanuman chalisa and also taking proper care.
- The other determinants are ketu/sun
- BONUS :It is weak and needs pacification, OM Namoha shivaye daily would help.

**Your concern for constant health issues: Also strengthening your health house lord would make you free for diseases, along with YOGA and following doctor's advice.**

**Your secondary determinants are:**

- They are lord so 8<sup>th</sup> house or eighth house, Saturn and sun

**Your tertiary determinant is Saturn.**

- Saturn is strong enough in mars and Saturn

**What is the Role of incoming 2 Dashas, for you longevity?**

**You have Saturn main period till March 2023**

MAR till 2/11/17

RAH 8/ 9/20

JUP 20/ 3/23

Your Saturn period in general need care as Saturn rules the 8<sup>th</sup> bhava. But nothing to worry much. The Jupiter period needs good care of health and yes Yoga is much needed.

But as Saturn rules your 9<sup>th</sup> bhava as well- so Saturn have a lot of good energy in it.

Some care in rahu period also needed as rahu sits near moon in the 8<sup>th</sup> bhava. Avoid fear or any kind of phobias.

**For your benefit and as a BONUS this dasa I am giving full sub periods in full details.**

### **Then you have mercury main period till March 2040**

IN general, there less risk for you n this period. Mercury will hep you gain in image and health as well.

MER till 17/ 8/25

KET 14/ 8/26- you have to take care in this period as ketu sits in the 2<sup>nd</sup> bhava

VEN 14/ 6/29

SUN 20/ 4/30

MON 20/ 9/31- some care here as this is almost a secondary determinant

MAR 17/ 9/32- take care of accident and operations

RAH 5/ 4/35- hard period

JUP 11/ 7/37

SAT 20/ 3/40- this period needs epical care

### **What are the remedial measures to avoid accidents reduce or nullify diseases for longevity?**

- Already most of them discussed in the report above.
- Being considerate to ones wife and helping women in distress
- Donate sugar/rice and cooking oil
- Offering white sweets to birds

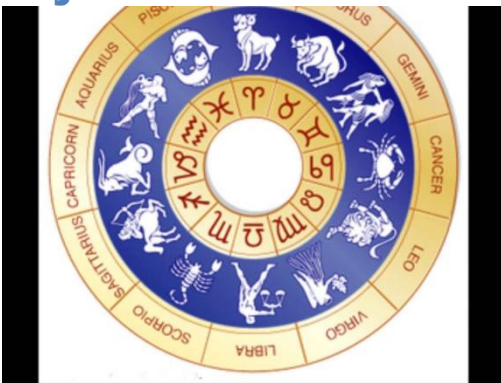


- Offering silken clothes of bright colors

Also

- Sri sukta
- Durga sapta shati
- Sri yantra
- Lakshmi sukta

**We wish you all the best in Life,  
Arjun Pundit for astrozing.com**



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Kindly Feel Free To Send Us a Mail at E-Mail Id  
Given Below:**

**[astrozing.com@gmail.com](mailto:astrozing.com@gmail.com)**

